



## PEER EDUCATOR'S (PEs) TRAINING, 6<sup>th</sup> round, November 11, 2011, Parijat Guest House, Lucknow, UP, India

### 1. Introduction:

The 6<sup>th</sup> round of Peer Educator's (PEs) training programme, implemented through Vigyan Foundation, Lucknow, UP, India, sought to train 70 PEs on Copper-T (or IUCD). These 60 (out of total 70) PEs that attended, were assisted also by the 7 Out-Reach Workers (ORWs) and 1 Field Monitoring and Documentation Coordinator (FMDC). The training aimed at enhancing availability, acceptability and usage of Copper-T (IUCD) amongst the targeted 1,41,127 persons living in 42 identified urban slums of Lucknow, through capacity building of these PEs (also called 'Usha'). However, a total of 78 persons were immediately benefitted out of the training programme. They also include 10 people from Parivar Seva Sansthan (PSS).



**Resource Persons:** Dr. Roli Seth, Technical Coordinator, Expanded service and Quality) of UP UHI, and Mrs Marilyn Khan, served as the two resource persons to train the 60 PEs present, and split into two sections. Mr. Shashi kant Yadav (Coordinator, NGO Partnership) of UP UHI, provided the overall coordination to the staff of Vigyan Foundation, Lucknow, further assisted by the entire Lucknow team.

### 2. Objectives & Methodology:

2.1 **Objectives:** of the training were to:

- 2.11 build and strengthen the capacity of the PEs;
- 2.12 make them be able to effectively counsel, motivate, aid and advise potential / clients to use Copper-T (or IUCD); and
- 2.13 provide a platform for them to share information, strengthen knowledge, clarify doubts and dispel misconceptions arisen, if any.

2.2 **Methodology:** used was an apt blend of lecture, participation, simulation, Role Play, Group Work, liberally supported by Audio-Visuals, Power Point (PPT) presentations. The methodology, so designed, aimed at encouraged learning and free flow of ideas.

### 3. Proceedings:

- 3.1 **Pre-Test:** questionnaires were administered to the PEs to assess their existing level of knowledge & skills (See Annexure-1).
- 3.2 **Welcome & Introduction:** Mr. Shashikant Yadav, welcomed the participants; gave a brief introduction of the objectives, contents of the training, and methodology sought to be used; and, introduced the two resource persons (Dr. Roli Seth and Mrs Marilyn Khan).
- 3.3 **Pre-Lunch Presentation and Discussions:** focussed on what is Copper-T (IUCD), the way it works, it's advantages, its limitations, common complaints that doctors/ health workers receive, who should use, when, how, and where to find it.



- 3.4 **Post-Lunch Session:** After a quick re-capitulate, the PEs in groups of two each (couple) went in for a simulation (One playing the client and the other being the PE). This showed intense and in-depth question and answer. All groups were observed. Later, one best couple was asked to repeat the performance, for the entire batch to observe. This performance was followed by the 'reverse simulation' and a similar repeat of the exercise and performance by the best couple.



**3.5 Group Work:** The groups of 5 each discussed and role-played on how to help client choose the right method. They recorded the outcome as the points and shared with other groups at the end.



**3.6 Case Studies:** Discussion on two case studies (one on mis-conceptions of Copper-T and the other on it's side effects) was thrown open. Key points of discussions, noted by the PEs for sharing, brought in a new way of looking at the subject.



3.7 **Post-Test:** Questionnaire was administered to assess the enhancement of knowledge and skills of the PEs, as a consequence of this training (See Annexure-1).

4. **Vote of Thanks:** Mr. Shashikant Yadav thanked all the PEs, all staff of Vigyan Foundation, and the Lucknow team for making the training a lively one.

Annexure-1: Comparison between Pre-Test & Post-Test Scores (Overall)

